

Our Priority is Your Health

Your health is our top priority at New Life Chiropractic & Wellness. We strive to help you find a new mindset about your health, wellness, and healing and follow through with developing a new plan that meets your lifestyle.

We believe that living a healthy lifestyle contributes to a pain-free one. That's why we educate our patients on how to attain a better quality of life, peak nutrition, and longevity through our regular seminars and informational articles.

We at New Life Chiropractic & Wellness spread the word of chiropractic and holistic living through seminars, speaking engagements, blogs and through social media.

It is your mindset that will ultimately influence your success. With any lifestyle change, the right attitude can spell success or failure.

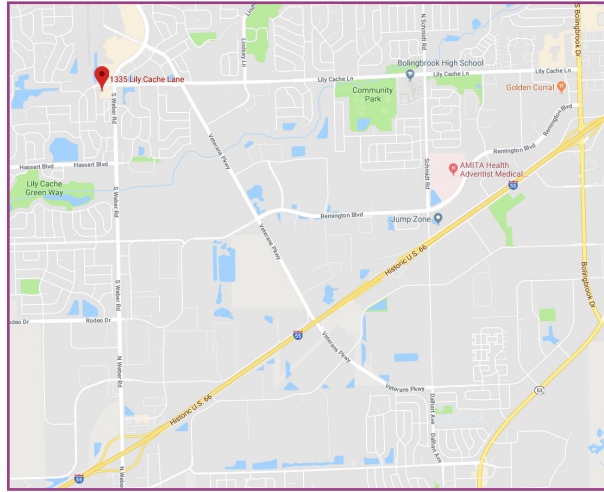
OFFER: Refer a friend or family member for a \$49* exam and full spinal x-rays usually priced at \$176.

**Excludes adjustments.*

Offer transferrable to family and friends.

To qualify, present card at the time of appointment.

Map



Conveniently located 2 miles north of I-55 on the southwest corner of Weber Road and Lily Cache Lane (behind Buona Beef).

HOURS

Monday, Wednesday and Thursday:
7:30 am - 10:00 am and 3:00 pm - 6:00 pm

Tuesday and Friday:
Closed

NEW LIFE CHIROPRACTIC & WELLNESS

1335 Lily Cache Ln.
Bolingbrook, IL 60490

Phone:
630-226-9922

Website:
www.newlifechiropracticforyou.com

Facebook:
facebook.com/nlcwbolingbrook



**WHERE
HEALING
MEETS
HEALTH &
WELLNESS**

Benefits of Chiropractic

Chiropractic is drug-free and holistic. It recognizes that pain, stress and other disturbances can affect multiple body systems. Chiropractic helps the body heal by properly aligning the spine through adjustments. Many patients report that the adjustments they receive for one ailment can have positive effects on others! Our patients experience changing pain relief for:

Musculoskeletal

- Neck pain
- Migraines
- Back pain
- Knee pain
- Foot pain
- Shoulder pain
- Hip pain
- Other joint pain
- Sciatica
- Arthritis
- Poor posture
- Disc problems

Nervous System

- Nerve pain
- Fibromyalgia
- Pregnancy related issues
- Carpal Tunnel syndrome
- Numbness or tingling
- Dizziness

Physical Symptoms

- ADD / Autism
- Digestive trouble
- Allergies
- Asthma
- Earaches
- Difficulty sleeping



Meet Dr. Tim Mertes

Dr. Tim Mertes, a Bolingbrook chiropractor, was born in Illinois and graduated from Parker College of Chiropractic in Dallas, Texas. Dr. Tim and his wife Nicole, pictured with their 5 kids live in Utica, IL, and he has another practice in Peru, IL.



Dr. Tim runs a family practice adjusting patients from newborn to ninety with a variety of techniques from some upper cervical to activator type adjusting. He adjusts full spine as well as arms, shoulders, wrists, knees and feet. Dr. Tim loves to spread the word of chiropractic through speaking engagements, community health screenings, and his partnership with the Bolingbrook Park District. Dr. Tim loves spending time with his family, enjoys fishing and golfing, and is active with his kids and their sporting activities.



Bolingbrook Park District

For New Patients.... It's As Easy As 1-2-3!

At New Life Chiropractic & Wellness, your healing is our top priority. Your pain is relieved in a completely natural and holistic way. With individualized chiropractic care, we return you to your best condition and regular activities so you can enjoy life to the fullest.

We do this in three easy steps:

Step 1.

We take your full health history, an on-site digital x-ray, and any other needed tests.

Step 2.

We discuss test results together and create an individual care plan with scheduling and costs.

Step 3.

You are adjusted, and given an exercise regiment to maintain your comfort.

We also offer:

- Spinal specific rehabilitation
- Whole food nutritional products
- Holistic seminars for your organization

Call us today for an appointment:

(630) 226-9922